

I GO 100



On June 19 2010, **Michelle Toy**, a regular working Mom and coffeeholic is going to row 100kmin one day on an indoor rowing machine - and raise \$40,000 to build a school, with Plan Canada, in Mozambique.

If Michelle goes 100 will you help her reach her goal?!

A NIGHT OF COMEDY!

Absolute Comedy
412 Preston Street
Ottawa

**April 15, 2010
7:00pm**

COMEDY SHOW AND SILENT AUCTION

Join us for a night of non-stop laughter with over 30 fabulous auction items up for bid! Tickets just \$15.00

ADVANCE TICKET ONLY!

Visit www.igo100.ca/ottawa event for ticket information, or email Lynn at lynn@igo100.ca

**“You don't need to be famous to influence change...”
Michelle Toy**